

THE BEST TEACHERS IN EVERY STATE 2024-'25

ALABAMA

1 MARK BLACKBURN (1)
Blackburn G. Academy
at Greystone G. & C.C.,
Birmingham

2 TONY RUGGIERO (24)
Dewsweepers G.,
Mobile

3 WAYNE FLINT
Highland Park G. Cse.,
Birmingham

4 CRAIG BOCKING
Bocking G. Academy,
Huntsville

5 MORGAN HALE
Dewsweepers G.,
Mobile

6 ERIC ESHLEMAN
C.C. of Birmingham

7 MICHAEL BRISBANE
Azalea City G. Cse.,
Mobile

8 REA SCHUESSLER
C.C. of Mobile

9 BRIAN SPEAKMAN
Blackburn G. Academy
at Greystone G. & C.C.,
Birmingham

10 LAYNE SAVOIE
Blackburn G. Academy
at Greystone G. & C.C.,
Birmingham

11 WADE HAMILTON
Montgomery C.C.

12 STEVEN DEBOER
Steven DeBoer
G. Academy, Cullman

13 PATRICK PATTERSON
Anniston C.C.

14 MAX DOSTER
Blackburn G. Academy
at Greystone G. & C.C.,
Birmingham

15 JEFF JORDAN
Mountain Brook C.,
Birmingham

ALASKA

1 JOE BUTLER
Palmer G. Cse.

2 PEGGY GUSTAFSON
Anchorage G. Cse.

ARIZONA

1 MARTIN CHUCK (7)
Tour Striker
G. Academy at
The Raven, Phoenix

2 STAN UTLEY (11)
Grayhawk G.C.,
Scottsdale

3 BOYD SUMMERHAYS (15)
Silverleaf C., Scottsdale

4 MIKE LABAUVE (50)
Talking Stick G.C.,
Scottsdale

5 ANDY PATNOU
Starfire G.C.,
Scottsdale

6 PARKER MCLACHLIN
Short Game Chef,
Scottsdale

7 TINA TOMBS
Tina Tombs G.,
Phoenix

8 PAXTON O'CONNOR
Desert Mountain C.,
Scottsdale

9 SUSIE MEYERS
Ventana Canyon
G. & R.C., Tucson

10 ANDREW GETSON
Grayhawk G.C.,
Scottsdale

11 JUSTIN KLEMBALLA
Paradise Valley C.C.

12 JEREMY ANDERSON
Legacy G.
Performance Center,
Phoenix

13 MILO LINES
Superstition Mountain
G. & C.C., Gold Canyon

14 SANDY LABAUVE
Talking Stick G.C.,
Scottsdale

15 SCOTT SACKETT
Scott Sackett
Academy at
McCormick Ranch
G.C., Scottsdale

16 MARVOL BARNARD
C.C. of Green Valley

17 DEREK DEMINSKY
Forty Niner C.C.,
Tucson

18 JARUT PADUNG
McCormick Ranch
G.C., Scottsdale

19 WILLIAM ELDRINKAMP
Legacy G.
Performance Center,
Phoenix

20 STEVE DAHLBY
Phoenix C.C.

21 LANDYN LEWIS
Tucson City G.

22 KRISTINE REESE
Vision54, Scottsdale

23 JOHN KOSTIS
Grayhawk G.C.,
Scottsdale

24 SHANE SIMMONS
Legacy G.
Performance Center,
Phoenix

25 TRAVIS WEZA
McCormick Ranch
G.C., Scottsdale

26 TIFFANY YAGER
Vision54, Scottsdale

27 MIKE KRAHE
Tour Striker
G. Academy at
The Raven, Phoenix

28 LINDY LABAUVE
Westin Kierland G.C.,
Scottsdale

ARKANSAS

1 RYAN CRAWLEY
Ryan Crawley G.,
Lowell

2 JUSTIN HILL
Justin Hill G.
Academy, Little Rock

3 PHILIP WALKER
Back Nine G. Academy,
Bentonville

CALIFORNIA

1 DANA DAHLQUIST (9)
Dana Dahlquist G.,
Long Beach

2 DAVE PHILLIPS (12)
TPI, Oceanside

3 GEORGE GANKAS (18)
George Gankas G.,
Westlake Village

4 BILL HARMON (22)
Bill Harmon
Performance Center
at Toscana C.C.,
Indian Wells

5 RICK SESSINGHAUS (32)
Flowcode G. Academy,
Burbank

6 JAMIE MULLIGAN (35)
Virginia C.C.,
Long Beach

7 CHRIS MAYSON (42)
Rancho Santa Fe C.C.

8 ALISON CURDT (47)
Alison Curdt
G. at Wood Ranch
G.C., Simi Valley

9 DAVE STOCKTON
Stockton G., Redlands

10 WILL ROBINS
Will Robins G., Folsom

11 BRYAN LEBEDEVITCH
PGA West, La Quinta

12 BRADY RIGGS
PGA West, La Quinta

13 DEVAN BONEBRAKE
Studio G.,
Hermosa Beach

14 JOSH ZANDER
Stanford G.C., Palo Alto

15 LAIRD SMALL
Pebble Beach
G. Academy

16 LUCAS WALD
Lucas Wald G. Studio,
Los Angeles

17 TASHA BOHLIG
El Caballero C.C.,
Tarzana

18 TANYA DERGAL
Brentwood C.C.,
Los Angeles

19 TOM REZENDES
NorCal G. Academy,
Walnut Creek

20 DEREK UYEDA
Derek Uyeda Golf,
San Diego

21 MONTE SCHEINBLUM
No Bogeys,
Laguna Niguel

22 STEVE HOLMES
Rustic Canyon G. Cse.,
Moorpark

23 JON HORNER
Menlo C.C., Woodside

24 BOB LASKEN
Arroyo Trabuco G.C.,
Mission Viejo

25 BOB KNEE
Aviara G. Academy,
Carlsbad

26 CHRIS WALKEY
PGA West, La Quinta

WHAT TECHNOLOGY HAS TAUGHT ME

Train your brain to shoot lower scores

BY RICK SESSINGHAUS

► Thanks to advances in electroencephalogram (EEG) technology, we know that athletes perform their best when there is low alpha-brainwave activity. It's known as the "flow state," and it greatly helps subdue the parts of your mind that interfere with performance. It accentuates your ability to focus on a specific task, such as splitting a fairway or holing a putt. Flow-state training is part of what I work on with Collin Morikawa and other skilled golfers. The good news is, you can train this way, too—and you don't need to hook any devices to your head to learn how.

One of the best ways to lower your brainwave activity is called "expanded awareness." To tap into it, the next time you're on the range or out on the golf

course, I want you to look out far in the distance at one spot. Pick out the top of a tall tree (*right*) or a chimney—something specific. While looking only at that spot, inhale for two seconds and then exhale for four seconds. Keep breathing this way, and while you're still focused on that one spot, allow your vision to expand to 180 degrees. This exercise gets you out of your head and puts you in a calm, focused state where everything seems to slow down and the task becomes much easier to complete. —with Ron Kaspriske

RICK SESSINGHAUS is one of Golf Digest's 50 Best Teachers in America. His Flowcode Golf Academy is in Burbank, Calif.



ILLUSTRATIONS BY CHRIS EDE

27 GINA UMECK
Wilshire C.C.,
Los Angeles

28 BRUCE NAKAMURA
Aviara G. Academy,
Carlsbad

29 KIP PUTERBAUGH
Aviara G. Academy,
Carlsbad

30 AYUMI HORI
Ayumi Hori G., Encino

31 JAMIE PUTERBAUGH
Aviara G. Academy,
Carlsbad

32 JOSH MYERS
PGA West, La Quinta

33 ROGER GUNN
Golf Development
Complex, Moorpark

34 GRANT HALVERSON
Aviara G. Academy,
Carlsbad

35 JASON PUTERBAUGH
Aviara G. Academy,
Carlsbad

36 JOHN ORTEGA
Costa Mesa C.C.

37 SHAWN COX
Grand Del Mar,
San Diego

38 TYLER FERRELL
La Rinconada C.C.,
Los Gatos

39 BLAKE JIRGES
Coto de Caza
G. & R.C.

40 JAKE TOLIVER
Los Angeles C.C.

41 JAMES JORDAN
James Jordan G.,
Van Nuys

42 JOHN BATTAGLIA
PGA West, La Quinta

43 JOHN RAY LEARY
Hansen Dam G. Cse.,
Pacoima

44 KEN GREEN
Aviara G. Academy,
Carlsbad

45 MICHAEL BLOCK
Arroyo Trabuco G.C.,
Mission Viejo

46 AARON OLSON
Monterey Peninsula
C.C., Pebble Beach

47 GLENN DECK
Glenn Deck G.,
Newport Beach

48 GAVIN WITZER
Tijeras Creek G.C.,
Rancho Santa
Margarita

49 JAKE HUTT
Jake Hutt G., Palo Alto

50 JOSH ALPERT
Westdrift G. Cse.,
Manhattan Beach

51 GREGG MCHATTON
Gregg McHatton G.,
Valencia

52 BRYAN PATE
Martis Camp, Truckee

53 ALAN OCHIAI
Oak Creek G.C., Irvine

54 MICHAEL MAGGS
Southern California
G. Academy, Carlsbad

55 ZACH HEUSSER
Crystal Springs
G. Cse., Burlingame

COLORADO

1 NICK CLEARWATER (17)
GolfTEC
Headquarters,
Englewood

2 TRENT WEARNER
Trent Wearner
G. Academy, Denver

3 ED OLDHAM
The Ranch C.C.,
Westminster

4 STAN SAYERS
Colorado G.C., Parker

5 PATRICK NUBER
GolfTEC
Headquarters,
Englewood

6 TY WALKER
GolfTEC DTC, Denver

7 DUSTIN MILLER
Black Bear G.C., Parker

8 NATHAN MORRIS
GolfTEC Westminster

9 CHAD MILLER
GolfTEC Chapel Hills,
Colorado Springs

10 DAN SNIFFIN
Omni Interlocken G.C.,
Broomfield

11 JOSH TROYER
GolfTEC
Headquarters,
Englewood

12 VINCENT DOWNIE
GolfTEC
Highlands Ranch

13 ZACH LAMBECK
GolfTEC
Headquarters,
Englewood

14 ELENA KING
ExperienceGolf
at CommonGround
G. Cse., Aurora

15 LEIGHTON SMITH
Leighton Smith G.,
Colorado Springs

16 KYLE VOSKA
Links G. Cse.,
Highlands Ranch

CONNECTICUT

1 MICHAEL BREED (10)
Michael Breed G.
Academy, Greenwich

2 TOM HENDERSON
H. Smith Richardson
G. Cse., Fairfield

3 ANGELA AULENTI
Sterling Farms G. Cse.,
Stamford

4 GEORGE CONNOR
Connor G., Avon

5 SAM WILEY
Wee Burn C.C., Darien

6 DAVE BOVE
Tashua Knolls G. Cse.,
Trumbull

7 JIM FATSJ
Brooklawn C.C., Fairfield

8 JOHN VITALE
Full Circle G., Berlin

9 PAUL KENNEY
Rockrimmon C.C.,
Stamford

10 TOM ROSATI
Great River G.C., Milford

11 BOB BIGONETTE
H. Smith Richardson
G. Cse., Fairfield

12 BOBBY BROWN
Tashua Knolls G. Cse.,
Trumbull

13 DOUG HOLUB
Fairchild-Wheeler
G. Cse., Fairfield

**14 MEGIN O'DONNELL-
KELLY**
Brooklawn C.C.,
Fairfield

15 BORIS BUSLJETA
GolfTEC Stamford

16 ERIC STEINDEL
C.C. of Fairfield

17 EVAN LAMBERT
Tumble Brook C.C.,
Bloomfield

18 JOE CONNERTON
Round Hill C.,
Greenwich

19 JUSTIN FOSTER
Ridgewood C.C.,
Danbury

DELAWARE

1 WAYNE DEFRANCESCO
Peninsula G. & C.C.,
Millsboro

2 JOHN RUDOLPH
Fieldstone G.C.,
Greenville

FLORIDA

1 SEAN FOLEY (3)
Sean Foley
Performance, Orlando

2 CLAUDE HARMON III (5)
Butch Harmon
Floridian, Palm City

3 ANDY PLUMMER (14)
Stack & Tilt Miami,
Turnberry Isle C.C.,
Aventura

4 MIKE BENNETT (23)
Stack & Tilt Miami,
Turnberry Isle C.C.,
Aventura

5 JASON BAILE (26)
Jupiter Hills C.,
Tequesta

6 CHERYL ANDERSON (28)
Mike Bender G.
Academy, Lake Mary

7 GRANT WAITE (31)
Grant Waite G., Ocala

8 SHAUN WEBB (34)
Athletic Motion G.,
Winter Garden

9 KEVIN KIRK (38)
Trump National Doral,
Miami

10 MARK SWEENEY (39)
Waldorf Astoria G.C.,
Orlando

11 SUZY WHALEY (40)
The C.C. at Mirasol,
Palm Beach Gardens

12 GARY GILCHRIST (41)
Gary Gilchrist
G. Academy,
Howey-in-the-Hills

13 BRIAN MOGG
Brian Mogg
G. Academy, Orlando

14 MIKE GRANATO
Athletic Motion G.,
Winter Garden

15 MIKE SHANNON
PGA Tour Performance
Center at TPC
Sawgrass, Ponte Vedra

16 JEFF LEISHMAN
Dye Preserve, Jupiter

17 PRESTON COMBS
Preston's Putting,
Orlando

18 BOBBY CLAMPETT
Impact Zone G.,
Naples

19 DAVID ARMITAGE
Shell Bay C.,
Hallandale Beach

20 ANDREW PARK
Orange County
National, Orlando

21 SARA DICKSON
Wilderness C.C.,
Naples

22 SEAN HOGAN
Golfzon Leadbetter
Academy HQ at
Reunion, Kissimmee

23 DARREN MAY
The Bear's C., Jupiter

24 JUSTIN SHEEHAN
Pelican G.C., Belleair

25 TRAVIS FULTON
Travis Fulton
G. Studio, Jacksonville

26 JOHN WEBSTER
John Webster
G. Academy at The
Breakers, Palm Beach

27 ALANA SWAIN
PGA Tour Performance
Center at TPC
Sawgrass, Ponte Vedra

28 BRIAN CREGHAN
Pine Tree G.C.,
Boynton Beach

29 DANIEL GRAY
Lake Nona
G. and C.C., Orlando

30 JACKSON KOERT
Atlantic Beach C.C.

31 JOE COMPITELLO
Indian Creek C.C.

32 MARK DURLAND
Durland G. School,
Naples

33 ROBIN SYMES
Golfzon Leadbetter
Academy HQ at
Reunion, Kissimmee

34 MICHAEL MANAVIAN
247 Indoor G., Stuart

35 MARK HACKETT
Old Palm G.C.,
Palm Beach Gardens

36 DON LAW
Don Law G. Academy,
Boca Raton



WHAT TECHNOLOGY HAS TAUGHT ME

Lower your dynamic loft for pure contact

BY JOANNA COE

► Now that we can measure impact conditions with launch monitors, we're able to clearly see the difference between the strike of a pro versus that of a typical amateur. One thing that jumps off the screen is the difference in dynamic loft. Think of it as "delivered loft," meaning the orientation of the clubface as it meets the ball.

For full iron shots including distance wedges, technology confirms that most amateurs deliver the club with too much loft into impact when compared to skilled players. Many amateurs attempt to scoop the ball off the turf and leave the face open, which leads to poor contact. To hit your iron shots more like a pro—lowering your dynamic loft—close the clubface earlier in your downswing and have the shaft leaning toward the target as the club meets the ball.

To get a feel for this move, cradle a golf ball in your lead hand and mimic a swing. The goal is have your knuckles down as that hand approaches the ball and remain like that into the follow-through (*above*). If you have the ball "cradled" with your lead wrist bowed, you've got the move to lower your impact loft. Re-create that feeling when you go back to hitting shots off the turf.

—with Ron Kaspriske

JOANNA COE is one of Golf Digest's Best Teachers in Pennsylvania. She is director of instruction at Merion Golf Club in Ardmore.

37 MATT DEJOHN
Matt DeJohn G.
Academy at Hammock
Creek G.C., Palm City

38 KELLIE STENZEL
Palm Beach Par 3
G. Cse., Palm Beach

39 BRENDAN KENNEDY
The Legacy C.
at Alaqua Lakes

40 FRED GRIFFIN
Fred Griffin G.,
Orlando

41 GRAYSON ZACKER
Jim McLean G. School
at the Biltmore Miami,
Coral Gables

42 MIKE MALIZIA
The C. at
Admirals Cove, Jupiter

43 NICK ADCOCK
Tee It Up, Oviedo

44 TED BRITSCHGI
Marriott Grande Vista,
Orlando

45 MICHAEL HUNT
Jim McLean G. School
at the Biltmore Miami,
Coral Gables

46 BILL DAVIS
Abacoa G.C., Jupiter

47 BOB GRISSETT
Bob Grissett G.,
Palm Beach

48 JORDAN DEMPSEY
PGA Tour Performance
Center at TPC
Sawgrass, Ponte Vedra

49 WARREN BOTTKE
PGA National Resort,
Palm Beach Gardens

50 TOM PATRI
The G.C. at Crown
Colony, Ft. Myers

51 STEFANIE SHAW
Ocean Reef C.,
Key Largo

52 RYAN CRYSLER
Butch Harmon
Floridian, Palm City

53 RENEE O'HIGGINS
Quail West G. & C.C.,
Naples

54 DEREK SWOBODA
Ocean Reef C.,
Key Largo

55 SCOTT MUNROE
Boca Raton Resort

56 JOHN HUGHES
John Hughes G.,
Kissimmee

57 JON MCLEAN
Jim McLean G. School
at the Biltmore Miami,
Coral Gables

58 CLAY BALLARD
Top Speed Golf,
Orlando

59 JULIO NUTT
Jim McLean G. School
at the Biltmore Miami,
Coral Gables

GEORGIA

1 SCOTT HAMILTON (19)
Scott Hamilton
G. Academy at
Cartersville C.C.

2 ANDREW RICE (25)
Westin Savannah
Harbor G. Resort & Spa

3 JUSTIN PARSONS (37)
Sea Island G.
Performance Center,
St. Simons Island

4 JOHN TILLERY
Tillery G. at
Cuscowilla, Eatonton

5 JOE PLECKER
The Landings G. &
Athletic C., Savannah

6 JON TATTERSALL
Tattersall G., Atlanta

7 SHAWN KOCH
Atlanta Athletic C.

8 GALE PETERSON
Sea Island G.
Performance Center,
St. Simons Island

9 TED FORT
Marietta G. Center

10 BILL HASSELL
Marietta C.C.

11 CHARLIE KING
Georgia G. Center,
Roswell

12 DANNY ELKINS
Georgia G. Center,
Roswell

13 CAROL PREISINGER
The Landings G. &
Athletic C., Savannah

14 CHAD PHILLIPS
Pine Tree C.C.,
Kennesaw

15 CODY CARTER
Druid Hills G.C.,
Atlanta

16 DAVID POTTS
C.C. of the South,
Johns Creek

17 JARED ZAK
Sea Island G.
Performance Center,
St. Simons Island

18 MIKE PERPICH
RiverPines Learning
Center, Johns Creek

HAWAII

1 CLAUDE BROUSSEAU
Wailea G. Academy

2 BEN HONGO
Kapalua G. Academy

3 KEVIN RALBOVSKY
KMR School of Golf,
Kaneohe

4 KEVIN SHIMOMURA
Ko Olina G.C., Kapolei

5 CHRIS ARMANINI
Ka'anapali G. Cse.,
Lahaina

6 DAVID ISHII
Ishii G., Honolulu

7 OLIVER OLIQUIANO
Island Pacific G.
Academy, Ewa Beach

IDAHO

1 JERRY KING
Gozzer Ranch G. &
Lake C., Coeur d'Alene

2 ROB AKINS
Tributary, Driggs

3 JIM EMPEY
Valley C., Hailey

4 PAUL WEYLAND
Paul Weyland G., Kuna

5 MIKE HAMBLIN
Blue Lakes C.C.,
Twin Falls

6 ZACH ABELS
Canyon Springs
G. Cse., Twin Falls

ILLINOIS

1 KEVIN WEEKS (33)
Cog Hill G. & C.C.,
Lemont

2 RICK SILVA
Movement 3 G.,
Highland Park

3 TODD SONES
Todd Sones Impact G.,
Vernon Hills

4 E.A. TISCHLER
Olympia Fields C.C.

5 JASON GUSS
Naperville C.C.

6 GARRETT CHAUSSARD
Skokie C.C.

7 MIKE CARBRAY
Butterfield C.C.,
Oak Brook

8 CHRIS GREEN
Glen View C., Wolf

**9 CLAYTON
PENDERGRAFT**
Cog Hill G. & C.C.,
Lemont

10 JAKE THURM
Ruffled Feathers G.C.,
Lemont

11 PAT GOSS
Gleacher G. Center-
Northwestern Univ.,
Evanston

12 LOUIS SAUER
Louis Sauer G.,
Northbrook

13 DAN KOCHVAR
Oak Brook G.C.

14 JUSTIN BENTLEY
GolfTEC Des Plaines

15 MIKE SMALL
University of Illinois,
Champaign

16 JOHN PERNA
TPS Player Service,
Downers Grove

17 KRIS MCGOVERN
Movement 3 G.,
Highland Park

18 T.J. SULLIVAN
GolfTEC Oak Brook

19 JAMES STANDHARDT
GolfTEC Naperville

20 TAYLOR KAHLMAN
Lake Shore C.C.,
Glencoe

21 DAN SHELDEN
Ruth Lake C.C.,
Hinsdale

22 DAVID IMPASTATO
Impastato
G. Academies, Geneva

INDIANA

1 JEFF SMITH
Timbergate G. Cse.,
Edinburgh

2 BRAD FELLERS
G. School of Indiana,
Carmel

3 BRUCE REARICK
Burnt Edges
Consulting,
Indianapolis

4 CRYSTAL MORSE
The Legends G.C.,
Franklin

5 GRANT BRETTNACHER
G. School of Indiana,
Carmel

6 RYAN SCHRECONGOST
GolfTEC Carmel

7 COLBY HUFFMAN
Swing Science,
Zionville

8 DAN ROSS
Birck Boilermaker
G. Complex,
West Lafayette

9 JON HOOVER
Hillcrest C.C.,
Indianapolis

10 MICHAEL ZEDRICK
Gray Eagle G.C.,
Fishers

11 MAX NIEHANS
The C. at Chatham
Hills, Westfield

12 ERIKA WICOFF
Elevation G. Academy,
Indianapolis

IOWA

1 MARK ATCHISON
Des Moines G. and C.C.

2 LUKE DONAH
Cedar Rapids C.C.

3 SARAH BIDNEY
Des Moines G. Lessons

4 KEN SCHALL
Ken Schall
G. Performance,
West Des Moines



WHAT TECHNOLOGY HAS TAUGHT ME

Keep the pressure up on finesse wedges

BY COREY LUNDBERG

► When hitting touch shots around the greens—chips, pitches, etc.—pressure-plate technology has shown that better players have virtually no weight shift while they swing. Depending on the type of shot, the weight distribution between the feet can be anything from 50-50 to 70-30 (favoring the lead leg), but we don't see a big shift to the trail side.

When you shift into your trail leg going back, you put yourself in position to either strike the ground before the ball and blade the shot over the green or hit it fat and short. I've got a low-tech way to take this pressure-plate data about weight shift and incorporate it into your finesse-wedge game.

Grab two wedges, one you're going

to hit a shot with and another that you'll step on with your lead leg so that the face is under your foot and the shaft is behind you and pointing up (*left*). The goal is to hit shots while maintaining pressure in that lead leg, and you'll know you're doing it if the shaft of the wedge you're standing on stays in about the same position it was at address. You also can do this drill with the wedge under your trail foot. In that case, the goal is to swing without increasing downward pressure on the clubface and causing the shaft to rise. —with Ron Kaspriske

COREY LUNDBERG is one of Golf Digest's Best Teachers in Texas. He is at Altus Performance in Dallas.

5 MATT JENNINGS
Elmwood C.C.,
Marshalltown

KANSAS

1 COURTNEY MAHON
Falcon Ridge G.C.,
Lenexa

2 PAUL HOOSER
Kansas City C.C.,
Mission Hills

3 ROB SHIPMAN
Milburn C.C.,
Overland Park

4 SKIP MAIWALD
Ironhorse G.C.,
Kansas City

5 RANDY SYRING
Salina C.C.

6 KEVIN WARD
The G. Stable,
Prairie Village

7 BRETT BEARD
GolfTEC Overland Park

8 GIANNA AUGUSTINE
Overland Park G.

KENTUCKY

1 MICHAEL FINNEY
Univ. of Louisville G.C.

2 MIKE THOMAS
Harmony Landing
C.C., Goshen

3 LARRY WARD
High Performance
G. Academy,
Nicholasville

4 GROVER JUSTICE
Bluegrass G. Academy,
Lexington

5 MITCHELL MOORE
Hopkinsville
G. & C.C.

6 NICK WILKINS
High Performance
G. Academy,
Nicholasville

7 TODD TRIMBLE
The G. Complex,
Paducah

8 COLBY WOLLITZ
Hurstbourne C.C.,
Louisville

9 CORY KAUFMAN
The G. Academy,
Louisville

10 BRAD BACHAND
Man O' War G.,
Lexington

LOUISIANA

1 BRIAN MANZELLA (13)
Brian Manzella G.
Academy,
New Orleans

2 JAMES LEITZ (20)
Tchefuncta C.C.,
Covington

3 LIAM MUCKLOW
The Golf Lab,
Baton Rouge

4 BRAD PULLIN
Squire Creek C.C.,
Choudrant

5 PARKER BRANDT
The University C.,
Baton Rouge

6 ROB NOEL
Rob Noel G. Academy,
Abita Springs

MAINE

1 JOHN HICKSON
Northport G.C.

2 ABBY SPECTOR
Riverside G. Cse.,
Portland

MARYLAND

1 BERNIE NAJAR (27)
Caves Valley G.C.,
Owings Mills

2 TRILLIUM ROSE (36)
Woodmont C.C.,
Rockville

3 SARAH STONE
Chevy Chase C.,
Bethesda

4 KEVIN TANNER
GolfTEC
North Bethesda

5 CATHY KIM
Baltimore C.C.,
Mays Chapel

6 JOHN SCOTT RATTAN
Congressional C.C.,
Bethesda

7 MARK RUSSO
Night Hawk G. Center,
Gambrells

8 SEAN ENGLISH
The Elkridge C.,
Baltimore

9 JIM ESTES
Blum Mash G. Cse.,
Laytonsville

10 PATRICK BEDINGFIELD
Bethesda C.C.

11 MIKE DICKSON
MCG G. Academy
at Little Bennett,
Clarksburg

12 STEVE BOSDOSH
The C. at P.B. Dye,
Ijamsville

13 NICK SHEMKOVITZ
Caves Valley G.C.,
Owings Mills

14 MARK EVENSON
The Suburban C.,
Pikesville

15 BLAKE THOMAS
Congressional C.C.,
Bethesda

16 DAMON LUCAS
Lake Presidential G.C.,
Upper Marlboro

17 DAVID HUTSELL
Baltimore C.C.,
Mays Chapel

18 HOLLY ANDERSON
The Elkridge C.,
Baltimore

MASSACHUSETTS

1 IAIN HIGHFIELD
KOHR G., Natick

2 SHAWN HESTER
TPC Boston, Norton

3 SEAN MCTERNAN
Brae Burn C.C., Newton

4 ERIC BARLOW
Winchester C.C.

5 TOM CAVICCHI
Harmon G. & Fitness
C., Rockland

6 SKIP GUSS
GolfRite,
Southborough

7 JENNIFER HUDSON
Sankaty Head G.C.,
Nantucket

8 BRENDAN WALSH
The Country Club,
Brookline

9 CHIP JOHNSON
Hatherly C.C.,
North Scituate

10 ADAM KOLLOFF
Pure Drive G., Woburn

11 MARK HEARTFIELD
The Ridge C.,
Sandwich

**12 GRAHAM
CUNNINGHAM**
Framingham C.C.

13 JANE FROST
Sandwich Hollows
G.C., East Sandwich

14 KEVIN RHOADS
The Country Club,
Brookline

15 DARREN FALK
Holly Ridge G.C.,
Sandwich

MICHIGAN

1 ADAM SCHRIBER
LochenHeath G.C.,
Williamsburg

2 IAN HUGHES
GolfTEC Grand Rapids

3 JORDAN YOUNG
Fox Hills Learning
Center, Plymouth

4 BRIAN CAIRNS
Fox Hills Learning
Center, Plymouth

5 BRANDON ROBY
Cascade Hills C.C.,
Grand Rapids

6 MIKE FAY
Mike Fay G. Academy,
South Lyon

7 ADAM FARABAUGH
C.C. of Detroit,
Grosse Pointe Farms

8 DAVE KENDALL
Kendall Academy
of G., Ypsilanti

9 SCOTT WILSON
Bay Meadows G. Cse.,
Traverse City

10 JEFF GOBLE
Jeff Goble G., Plymouth

**11 CHARLEY
VANDENBERG**
Thousand Oaks
G. Academy,
Grand Rapids

12 JACK SELTZER
Seltzer G. Academy,
Fenton

13 JIM YUHAS
Kendall Academy
of G., Ann Arbor

14 TOM HARDING
Carl's G. Academy,
Bloomfield Hills

15 CHRIS MORY
Meridian Sun G.C.,
Haslett

16 JIMMY WISINSKI
Kent C.C.,
Grand Rapids

17 PAUL HAASE
Kendall Academy
of G., Ann Arbor

18 DAVE VANLOOZEN
Oakland Hills C.C.,
Bloomfield Hills

MINNESOTA

1 LUKE BENOIT
Interlachen C.C., Edina

2 SHERYL MAIZE
Crystal Lake G.C.

3 ERIC CHILES
Chaska Town Cse.

4 CHRIS FOLEY
Chris Foley G. at
Madden's on Gull Lake

5 MIKE BARGE
Hazeltine National
G.C., Chaska

6 AARON JACOBSON
Rush Creek
G. Academy,
Maple Grove

7 STEVE FESSLER
Albion Ridges G. Cse.,
Annandale

8 JON REIGSTAD
Keller G. Cse.,
Maplewood

9 JUSTIN KRAFT
Spring Hill G.C.,
Wayzata

10 RYAN PAULSON
Minneapolis G.C.,
St. Louis Park

11 SCOTT DIRCK
Scott Dirck G.
Academy, Alexandria

12 BRAD PLUTH
Brad Pluth G.,
Eden Prairie

13 NICK PELLE
GolfTEC Minnetonka

14 LAURA PATRICK
Laura Patrick G.,
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MISSISSIPPI

1 V.J. TROLIO
Old Waverly G.C.,
West Point

2 TIM YELVERTON
Old Waverly G.C.,
West Point

3 KYLE ELLIS
C.C. of Oxford

4 THOMAS WATKINS
Watkins G. Group,
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MISSOURI

1 BRIAN FOGT
Bellerive C.C.,
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2 ROB SEDORCEK
Rob Sedorcek G.
Instruction, St. Louis

3 TODD MEYER
Algonquin G.C.,
St. Louis



WHAT TECHNOLOGY HAS TAUGHT ME

If you miss, miss on the high side

BY MARK SWEENEY

► One thing we've learned from being able to accurately model putts and breaks over the past 20 years is that overreading a break results in a lot closer miss than if you underread it. For amateurs, this finding is especially important when trying to avoid the dreaded three-putt.

The math tells us that when you underestimate the break, the error is roughly tripled. That means, if you underread your putt by a foot, your ball will miss three feet low—and that's if your speed was good. If you overread a putt, the miss at the hole is halved. So an overread of one foot will end up only six inches above the hole (*above*).

Hopefully, the message is clear: When you practice lag putts, keep playing an increasing amount of break until the ball finishes just above the hole. Most amateurs I teach are initially shocked by how much extra break they need to play before the ball starts to finish high. This strategy is the secret to great lag putting. Practice the max amount of break first, and then work on the speed that gets the ball to stop by the hole should you miss. —with Ron Kaspriske

MARK SWEENEY, one of Golf Digest's 50 Best Teachers in America, is the founder and developer of the AimPoint green-reading system. He is at the Waldorf Astoria Golf Club in Orlando.

6 DEB VANGELLOW
Riverbend C.C.,
Sugar Land

7 BRECH SPRADLEY
Barton Creek
G. Academy, Austin

8 JONATHAN BUCHANAN
Dallas C.C.

9 CARLOS BROWN
Carlos Brown
G. at Keeton Park

10 DOUG STRAWBRIDGE
GolfTEC Upper Kirby,
Houston

11 ERIK WAIT
GolfTEC Frisco

12 TIM CUSICK
PGA Coaching Center
at PGA Frisco

13 ALAN HODDE
Axis G. Academy,
Cypress

14 JEFF BARTON,
Preston Trail G.C.,
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15 BRYAN GATHRIGHT
Gathright G., Boerne

16 DEREK HOOPER
Royal Oaks C.C.,
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17 JOEY
WUERTEMBERGER
Texas Rangers G.C.,
Arlington

18 RUDY GONZALEZ
Laredo C.C.

19 E.J. KIM
Axis G. Academy,
Cypress

20 MIKE RAY
Cedar Creek G. Cse.,
San Antonio

21 BEN WILLMAN
Axis G. Academy,
Cypress

22 CHRISTY LONGFIELD
Spanish Oaks G.C.,
Austin

23 DAVID OGRIN
David Ogrin
G. Academy,
New Braunfels

24 JIM MURPHY
Sugar Creek C.C.,
Sugar Land

25 RICK WOODSON
Sherrill Park G. Cse.,
Richardson

26 SCOTT HAUSE
Westwood G.C.,
Houston

27 ANDREW LEWIS
Sherrill Park G. Cse.,
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28 CAMERON DOAN
Preston Trail G.C.,
Dallas

29 DENNIS SALES
Dennis Sales G.,
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30 JEFF ISLER
Jeff Isler G., Southlake

31 JUSTIN POYNTER
Texas Rangers G.C.,
Arlington

32 KENNETH MESIMER
Lakeside C.C.,
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33 MICHAEL MARTIN
Leonard G. Links,
Fort Worth

34 STEPHEN AUMOCK
Gleneagles C.C., Plano

35 BILL MORETTI
Moretti G., Austin

36 MATT LOHMEYER
SLICGOLF, Mansfield

37 ROBERT SCOTT
Royal Oaks C.C.,
Houston

38 BUCK MAYERS
Escondido G. & Lake
C., Horseshoe Bay

39 CASEY BARBEE
Denton C.C.

40 GABE REYNOLDS
Preston Trail G.C.,
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41 THOMAS VALDEZ
Oakmont C.C., Corinth

42 TROY DENTON
Maridoe G.C.,
Carrollton

43 KAYLIN SKOVRON
Jeff Isler G., Southlake

44 JACK DANESHMAND
The Nelson G. &
Sports Club, Irving

45 ANN MARIE
GILDERSLEEVE
Austin C.C.

46 CARLOS SAINZ JR.
The C. at Houston
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47 STEVE JOHNSON
The G. Ranch,
Richardson

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49 CHARLETON DECHERT
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50 GARRETT NOBLES
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The C. at Creighton
Farms, Aldie

2 MIKE MCGETRICK (46)
Mike McGetrick G.,
Gainesville

3 CHRIS GEORGE
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10 BRYAN JACKSON
Hermitage C.C.,
Richmond

11 BILL FEDDER
The C. at Glenmore,
Charlottesville

12 ADAM SMITH
C.C. of Virginia,
Richmond

13 HUNTER BROWN
Boar's Head Resort,
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14 ED GILL
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16 STEVE SLOTTERBACK
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5 TOM SOVAY
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6 RYAN YOUNG
Chambers Bay
Academy,
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7 RICK FEHR
Rick Fehr Coaching,
Newcastle

8 STEVE PRUGH
Manito G. & C.C.,
Spokane

9 DEREK SIESSER
Indian Canyon G. Cse.,
Spokane

10 DON RASMUSSEN
GolfTEC Spokane

11 JACK KELLY
Glendale C.C.,
Bellevue

12 RANDY POTTER
GolfTEC Spokane

13 KEITH BENNETT
The G.C. at Newcastle

14 KATHY
GILDERSLEEVE-JENSEN
Kalispel G. & C.C.

WEST VIRGINIA

1 STEVEN COX
Greenbrier G.
Academy, White
Sulphur Springs

2 JUSTIN BEARD
Greenbrier
Sporting C., White
Sulphur Springs

WISCONSIN

1 MOLLY BRAID
Westmoor C.C.,
Brookfield

2 DAVID ROESCH
Storms G. Range,
Brookfield

3 BRENT SNYDER
Kilkarney Hills G. Cse.,
River Falls

4 JIM SCHUMAN
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5 TRAVIS BECKER
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11 DENNIS TIZIANI
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1 ANDREW NAVARRO
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Jackson

2 COREY KINSINGER
Shooting Star Jackson
Hole G.C.,
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WHAT TECHNOLOGY HAS TAUGHT ME

Check your wrist to see if you should lag the club

BY MICHAEL JACOBS

▶ Lag is a common term in golf associated with power. If you watch Sergio Garcia swing, for example, you'll see how far the clubhead "lags" behind his hands well into the downswing. It only catches up at the last second, and that late release helps him hit 300-yard drives. It's like cracking a whip.

I bring this up because while you might want to copy this move, there's a good chance you're not physically able, and trying to maintain lag in the downswing actually could be a power leak. Testing I've done using my Full Body Biomechanical model has proven that average golfers struggle to maintain lag. Why? There's a lack of lateral motion in their lead wrist.

Test yours: Set your hand palm down on a table and try to move it side to side (cock/uncock). If this is easy for you and there's considerable range, congrats, you're an outlier and lagging the club in the downswing is recommended for power (*above, left*). If you can't move it very much in either direction, which my tests show is the likely outcome, you need to swing down into the ball on a wider path (*above, right*). Also, expect to have less rotation because of the width and higher moment of inertia of the body. Instead of copying Sergio, think about staying wide as you approach the ball.

—with Ron Kaspriske

MICHAEL JACOBS, a Golf Digest 50 Best Teacher in America, founded Jacobs 3D Golf at Rock Hill Golf Club in Manorville, N.Y.